

Example #2

What I wish for my Daughter

I wish for all children
I wish for you to be a
person of character
strong but not tough,
gentle but not weak.

I wish for you to be
righteous, but not self-righteous
honest but not unforgiving.

Whenever you journey, may your steps
be firm and may you walk in just paths
and not be afraid.

Whenever you speak, may your words
be words of wisdom and friendship.
May your hands build
and your heart preserve what is good
and beautiful in our world.

May the voices of the generations of our
people move through you
and may the God of our ancestors
be your God as well.

May you know that there is a people
a rich heritage, to which you belong
and from that sacred place
you are connected to all who dwell
on the earth.

May the stories of our people
be upon your heart
and the grace of the Torah rhythm
dance in your soul.

~ Rabbi Sandy Eisenberg Sasso

Example #3

Prayer for the Bar Mitzvah

May you live to see your world fulfilled.

May your destiny be for worlds still to come.

And may you trust in generations past and
yet to be.

May your heart be filled with intuition,

And your words be filled with insight.

May songs of praise ever be upon your
tongue.

And may your vision be a straight path
before you.

May your eyes shine with the light of holy
words.

And your face reflect the brightness of the
heavens...

~ Talmud Berachot 17